

### Indoor Air Quality – Preliminary Occupant Questionnaire Instructions

**Plas answer the following questions to the best of your ability. Simply click on or tab to the appropriate section and click or type your response.**

**Upon completion of the form you can either save it or scan it and send it as an attached file to [ehs@niu.edu](mailto:ehs@niu.edu) or print it out and send it via campus mail to Environmental Health and Safety, Dorland Building.**

**If you have any questions, please contact Dave Scharenberg at:**

**815-753-1093**

**[dscharenberg@niu.edu](mailto:dscharenberg@niu.edu)**

# Environmental Health and Safety

## Indoor Air Quality – Preliminary Occupant Questionnaire

Name:

Phone number

Building & Room#:

Date:

1. Approximately how many hours per week do you work? \_\_\_\_\_ hour(s)
2. Approximately how many hours per week do you spend in the room(s) where you are experiencing problems? \_\_\_\_\_ hour(s)
3. Approximately how many years have you been working in the building? \_\_\_\_\_ year(s)
4. Please indicate your primary work space:  
 Work throughout building  
 Enclosed office/room  
 Cube with tall wall (>6 feet)  
 Cube with short wall (<6 feet)  
 Other \_\_\_\_\_
5. On the average, how many hours do you use a computer at work?  
  
 Less than 2                      2 to 4  
 4 to 6                              6 or more  
 none
6. Were any of the following items regularly used at/near your workstation during the past year:

- Portable fan cooling unit
- Portable air filter or cleaner
- Portable space heater
- Portable humidifier

7. At any time during the past year have you noticed evidence of new or continued water leaks from the ceiling, floors, walls, or pipes near your workstation?  
 Yes  
 No
8. During the past year have any of the following changes taken place within 15 feet of your current workstation?  
  
 New carpeting  
 New furniture (chairs, desks)  
 New equipment (computer)  
 Wall construction  
 Walls painted  
 Room/cubes rearranged

9. Please check the condition(s) below that best describes your current work area. (Note-If you /your coworkers have modified your work area [e.g., added fans or heaters, opened doors, etc.], please answer based on how you would describe the work area without the modification.)

During the last <u>YEAR</u>					
How often was... (provide date(s)/date range, if applicable*)	Never	Randomly	Monthly	Weekly	Daily
the temperature too hot?					
the temperature too cold?					
the air circulation poor?					
the air dusty?					
the air too humid?					
there disturbing noises?					
Other _____					

\*Issues and date(s):

During the last <u>YEAR</u>					
Please indicate whether there is a seasonal correlation with the following conditions:	Not Related	Spring	Summer	Fall	Winter
the temperature too hot?					
the temperature too cold?					
the air circulation poor?					
the air dusty?					
the air too humid?					
there disturbing noises?					
Other _____					

*Please continue on page two*

## Environmental Health and Safety

10. Please check the category below that best describes the frequency of odors in your work area.

During the last year how often, if at all, did you notice any of the following odors in your work area? (provide date(s)/date range, if applicable*)	Never	Randomly	Monthly	Weekly	Daily
tobacco smoke					
musty, moldy, and/or damp basement smell					
food smells					
paint and/or construction odors					
diesel of other exhaust odors					
photo copy machine					
chemical odors					
perfumes/fragrances					
other					

\*Issue & Date(s)/date range

11. Are you experiencing any physical symptoms that you think may be attributed to your work environment?

Yes

No

*If none please go to question 13*

12. Please describe the physical symptoms

Symptom #1

Symptom #2

Symptom #3

12a In which season(s) are you bothered more by the symptoms you reported in question 11?

Winter

Spring

Summer

Fall

No relation to seasons

12b Do the above symptom(s) clear up within 1 hour after leaving the building?

Symptom #1

Yes

No

Symptom #2

Yes

No

Symptom #3

Yes

No

12c If no, which symptom(s) persist throughout the work week?

#1

#2

#3

12d Are you currently being treated by a health care professional for any of the stated symptoms?

Yes

No

12e If yes, which one(s):

#1

#2

#3

13. Do you believe you are or may be allergic/sensitive to any of the following?

Pollen or plants

Animal dander (e.g. cats, dogs)

Mold

Dust (e.g. household, wood)

Chemicals

*(specify):*

Commercial personal products

*(specify):*

Other:

14. Have you been tested by a physician to verify allergies?

Yes

No

15. Please indicate your tobacco smoking status:

Never smoked

Current smoker

Former smoker

16. Are any of the following regularly [used] in the room(s)?

Spray disinfectants/deodorizers

Plug-in or gel/oil air fresheners

Spray cleaners

Live plants

Other (s)

17. Please indicate your primary job task:

Supervisor/manager

Support/clerical

Professional/technical

Other

18. Can you offer any other comments or observations concerning your work area (continue on next page, if necessary)

**Please return (via e-mail or campus mail) completed form and direct any questions regarding this survey to:**

*Environmental Health and Safety*

[ehs@niu.edu](mailto:ehs@niu.edu) Dorland Building (815)-753-1093